

2020 ICPN Conference Schedule - Naperville
Serving With Passion & Purpose

TIME	ROOM	Session Information
8:00 a.m. - 8:30 a.m.	Atrium	Registration
8:30 a.m. - 8:45 a.m.	101ABC	Welcome by Tim Baker, LCPC and Kim Shontz, LCSW, ICNP Directors <i>Message from Allison Stark, Director of the Division of Developmental Disabilities</i>
8:45 a.m. - 10:15 a.m.	101ABC	The Path to Healing <i>Karyn Harvey, Ph.D.</i> Dr. Harvey will share a look at unique causes of trauma in the lives of people with intellectual disabilities and the effects of that trauma. The biological and psychological effects will be explored with emphasis on symptoms of post-traumatic stress disorder. Key ingredients for healing will be discussed with an emphasis on the programmatic components key to recovery.
10:15 a.m. - 10:30 a.m.	BREAK	
10:30 a.m. - 11:45 a.m.	101ABC	Ethics, Sexuality, and Intellectual Disability: The path to the present and roads to the future <i>Jason Buckles, Ph.D., LPCC</i> In many ways attitudes towards sexuality have shaped our systems of supports for the past 150 years. Dr. Buckles will discuss the history of sexuality for people with intellectual disability, examine current concerns in this area of our field from the perspectives of contemporary literature, ethics, and best practice, and consider what we mean when we say, 'healthy sexuality.'
11:45 a.m. - 12:45 p.m.	LUNCH	
12:45 p.m. - 1:45 p.m. Break Out Sessions	Room 260	Reducing Restrictions & Increasing Independence by Building Skills <i>Lisa Hunsperger, BCBA</i> <i>Allison Chamberlain, BCBA</i> Illinois Crisis Prevention Network Allison and Lisa will take you on an enlightening tour of how to effectively teach and target skills using the latest research to increase the independence of the people we serve and reduce an agency's reliance on restrictions. Practical scenarios will be discussed. We will start with assessments and tools we have used which focus on a person-centered approach that could be used prior to a reliance on restrictions. If restrictions are in place, how do we create

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		a plan to reduce those restrictions and why it's important.
Room 261	<p>Hanging Tough with the New Kids: Shifting Our Management Style to Supervise and Retain Staff in the Workplace <i>Amie Burke, BCBA</i> <i>Mike Jersey, LPC</i> Illinois Crisis Prevention Network</p> <p>This session will help you understand the various generations present at work and understand what motivates each of them and how to work together. While having various cultures in one workplace can present communication problems and conflicts, the benefits of such a variety in the workplace outweigh it. Learning how to deal with the generation gap at work will help you become a better manager or co-worker.</p>	
Room 265	<p>Beyond the Basics: Dealing with Dementia After Diagnosis <i>Maranda Trahan, BCBA-D</i> <i>Amanda Ripley, BCBA</i> Illinois Crisis Prevention Network</p> <p>You notice signs and symptoms of dementia in your client and take him/her to the physician. Your client receives a diagnosis of dementia – what should you do next?! Attend this breakout session to identify the steps a health care worker should take after a doctor verifies memory impairment. Hear about ways to inform your staff as well as peers in the home or community. Recognize how goals and service plans may change throughout the decline process. Instructors will also review other medical issues that may arise during the diagnosis.</p>	
Room 266	<p>What Should I Rule Out First? Navigating Case Conceptualization When a Person is Experiencing Challenging Behavior <i>Kim Shontz, LCSW</i> <i>Vickie Pellettiere, Ph.D., BCBA-D</i> Illinois Crisis Prevention Network</p> <p>It can be confusing and frustrating to know where to start when a person is presenting with challenging behaviors. Is it a medical issue? Have there been changes in their life? Are they experiencing symptoms we can't see? Caught up in thoughts they can't express? How much does their history contribute to the present? Join us as we explore multiple factors that can affect all our behavior.</p>	
1:45 p.m. - 2:00 p.m.	BREAK	

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<p>2:00p.m. - 3:00p.m.</p> <p>Break Out Sessions Repeated</p>	<p>Room 260</p>	<p>Reducing Restrictions & Increasing Independence by Building Skills <i>Lisa Hunsperger, BCBA</i> <i>Allison Chamberlain, BCBA</i> Illinois Crisis Prevention Network</p> <p>Allison and Lisa will take you on an enlightening tour of how to effectively teach and target skills using the latest research to increase the independence of the people we serve and reduce an agency's reliance on restrictions. Practical scenarios will be discussed. We will start with assessments and tools we have used which focus on a person-centered approach that could be used prior to a reliance on restrictions. If restrictions are in place, how do we create a plan to reduce those restrictions and why it's important.</p>
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		<p>Illinois Crisis Prevention Network</p> <p>It can be confusing and frustrating to know where to start when a person is presenting with challenging behaviors. Is it a medical issue? Have there been changes in their life? Are they experiencing symptoms we can't see? Caught up in thoughts they can't express? How much does their history contribute to the present? Join us as we explore multiple factors that can affect all our behavior.</p>
3:00 p.m. - 3:15 p.m.	BREAK	
3:15 p.m. - 3:20 p.m.	101ABC	Closing Remarks by Tim Baker, LCPC and Kim Shontz LCSW , ICPN Directors
3:20 p.m. - 4:30 p.m.	101ABC	<p>Still Worry, Be Happy! Managing Stress by Managing Happiness John Pingo, PhD., BCBA-D CEO of the Goldie B. Floberg Center</p> <p>Happiness is not born of piles of money, mansions, and Tesla Blade Runner trucks. That's great news because let's face it, we all work in the human services field and that's not happening. Happiness has far more to do with our perspective and is more under our control than we may feel at times. Learn valuable skills drawn from such seminal books on happiness as <i>The Happiness Advantage</i> by Shawn Achor, and <i>The Happiness Trap</i> by Russ Harris. Dr. John Pingo uses a lighthearted, geek culture filled presentation style and interactive learning activities to make concepts accessible and interesting.</p>